

34th ANNUAL RIPTON RIDGE RUN October 9, 2022

Downloadable, Mail-In Registration Form

The Friends of the Ripton School invites runners and walkers of all levels to participate in the 34th annual Ripton Ridge Run on **SUNDAY, OCTOBER 9th in person or virtually**. This is a 10.4K loop run, a 5K run or a 5K Fun Walk in Ripton, VT or virtually wherever you choose. All proceeds benefit Ripton Elementary School students. We won't know final details about use of the school building until we see what the **COVID** situation is like in a few weeks but for now, we plan to use the school for registration, eating and post-race awards and raffle. We'll serve a bag lunch to everyone so you can leave if you want. We'll keep our website updated with the latest information as the time gets closer so please check www.riptonridgerun.org.

COURSE: In-person courses start and end at the Ripton Elementary School on the Ripton-Lincoln Road, traversing roads in Ripton with water stops. The 10.4K course will be *ccounterclockwise* this year. Virtual course is wherever you want.

LOCATION/TIME: In-person check-in at the Ripton Elementary School between 11:00-12:00. The races begin at 12:30. Please bring a facemask.

REGISTRATION: On-line www.riptonridgerun.org Sept. 2- Oct. 8 or first 150 people. Paper registration accepted through race day. **FEES:** Fee includes bag lunch, raffle, prizes and, for the first 175 paid entrants, a long-sleeved t-shirt. Don't want a t-shirt? Subtract \$5.00. *Lunch may be limited to first 200 registered.* Buy a Ridge Run pint glass (or several.) Add \$5.00 for each. They'll be at the pre-registration table for you. We can't mail them.

Category	Online till 10/6 or postmarked by 10/6	Online after 10/6, postmarked after 10/6 or RaceDay
Adult	\$35	\$40
Senior (65+)	\$20	\$30
Children (15 & under)	\$20	\$25

QUESTIONS? Call the Ripton School (802/388-2208) or email riptonridgerun@gmail.com.

2022 Entry Form For good and valuable consideration, I hereby release from liability the organizers and officials of the Ripton Ridge Run and the Town of Ripton, and I waive all rights and claims for damages I may have against the aforementioned as a result of injuries and damages suffered by me in connection with the running of the race. I attest that I am physically fit and in sufficiently good health and condition to finish the race without incurring injury or other damage.

Name _____ Signature _____
(please print legibly) (Must be signed by all participants or, if under 18, by parent/guardian)

Mailing Address _____
(please print legibly) (Town, State) (Zip)

Email (please print) _____

AGE on race date _____ GENDER M _____ F _____ Non-Binary _____

EVENT(check one) 5K Run _____ 10.4K Run _____ 5K Fun Walk _____ LOCATION(check one) Ripton _____ Virtual _____

T-SHIRT size S _____ M _____ L _____ XL _____ XXL (very limited) _____ No t-shirt _____ (subtract \$5) Pint glasses@\$5 _____
(We'll do our best to accommodate your size choice.)

Total Amount Enclosed \$ _____

MAIL ENTRY AND CHECK, payable to "FORS, Inc", TO: RIPTON RIDGE RUN, RIPTON ELEMENTARY SCHOOL, RIPTON, VT 05766 or register on-line. Results will be on the Ridge Run website or include a self-addressed, stamped envelope.

For official use only:

Date Postmarked: _____ Date Received: _____ Check #: _____ Bib #: _____